



## Find out about

# Psychology AS/A level

This guide will help you decide whether Psychology A level is right for you. It gives you all the essential information you need about the course and studying with NEC. You can also speak to our friendly team (details at the end of this guide) who can advise you.

## About this course

Psychology is an exciting science that explores human behaviour and experience and gives insights into the way the mind works and how we think, act and feel.

This course examines theories and models in relation to cognitive, developmental, social and biological psychology, focusing on memory; attachment; conformity; phobias, depression and obsessive compulsive disorder. It explores key debates and issues in psychology and investigates schizophrenia, cognition and development and aggression. You will learn about the scientific method and research methodology, including ethical issues associated with research studies.

As you work through the course, you will develop your ability to interpret and analyse research evidence, including quantitative data, construct an argument, and present your findings clearly.

It's a good course to study if you're interested in psychology, would like to go on to higher education in this or a related subject or want to pursue a career that involves working closely with people.

## The qualification

The A level award is recognised by employers and educational institutions as a mark of significant educational achievement and is important for many careers and for vocational training and higher

education. This A level is a linear qualification which means you will take exams at the end of the course.

The AS award is separate from the A level and is made up of Part 1 – about half – of the A level course, with a value to higher education providers and employers of about 40% of an A level.

## What's included with the course?

When you enrol you will receive the following:

- access to *learn@nec* website
- online access to course materials which you can download and print or study on screen
- tuition from your personal tutor for up to 24 months
- a free e-book version of the essential textbook(s) where possible
- supporting materials including a Time Planner to help you plan your study timetable and information which explains how to enter for exams
- NEC's guide to study skills: *How to Succeed as an Independent Learner* plus guidance on spelling, punctuation and grammar
- details of how to contact your personal tutor and an NEC course coordinator.

## What's not included?

- exam fees where exam(s) or assessed coursework are necessary
- additional textbooks for some courses.

## Your goals and this course

Before deciding to enrol on this course, think about what you want to achieve. For example, you may want to:

- develop your skills in the subject or learn more about it for your own satisfaction and interest
- gain the qualifications in order to improve job prospects or go on to further study such as a degree programme.

It's important to check that this course will help you to achieve your goals. One way is to contact a college or university where you'd like to study in future to find out if this course is part of the entry requirements. Or speak to the Human Resources

*'I chose to study A level biology because I fancied a career change. I gave up my study of science at GCSE, went to university to study English literature and have been working in publishing for the last few years. Having my baby made me think about where I wanted to go with my career and I decided that I would be interested in physiotherapy.'*

*'An A level in biology will give me the opportunity to return to university or make me a more desirable candidate for an assistant therapist role.'*

**Emma Hollindrake**

department in an organisation where you may like to work to find out what qualifications they require.

## Learning with NEC

As a student with NEC you're in charge: you can enrol any time and you choose where and when to study and set your own deadlines. This means that you can fit the time you spend studying around work and family commitments. Such independence can be very attractive, but it can also be demanding. This is why NEC's courses are designed to support and guide you every step of the way.

NEC has been delivering home study or distance learning courses for over 50 years and, with an average of over 7000 students each year, is a leader in providing courses for GCSE, A level and vocational courses. Drawing on our experience and on research findings into the way adults learn, we develop enjoyable courses that include:

- carefully designed course materials
- individual support from an expert tutor
- access to our virtual learning environment, *learn@nec*
- thorough induction to the course and systems.

### learn@nec

The *learn@nec* website is our virtual learning environment and the gateway to your course and the NEC community. Its flexible design means you can study whenever you want and wherever you want. *learn@nec* is where you'll be able to discuss your course with your peers, your tutor and the team at NEC. It's also where you'll access your course materials.

You can also save and print our materials at home if you want to so you can work offline.

### Course materials

All of our course materials are written and selected by subject matter experts, including experienced teachers, examiners and authors. The content is closely matched to the specification, so you can be confident that the

*'I had a look at attending a local college, but this was the best option for me because of its flexibility. If you know you can motivate yourself, and you don't have problems working on your own, I would absolutely recommend it.'*

*'It allows me to choose when I do my assignments, so whilst my children might be busy doing something else I can do some study; or, if my husband's working late and they're in bed, I can sit down and attack a few questions.'*

*'I didn't want it to encroach on family life, so I've been doing it in the odd hours I get to myself, which are not many when you've got three children!'* **Sarah Yewman**

*'I really like using the site as it is easy to navigate and is well structured.'*

*Furthermore, everything is nicely organised and so allows me to remain organised when studying.'*

**NEC History and English student**

*'I thought the videos were very good and easy to follow. They really encouraged me to try out the features on the site as well as making an appropriate start to the course. In addition, I thought the use of an introductory assignment was very beneficial for everyone and an excellent idea. It allows the tutor to get to know the student and the student to get to know the system.'* **NEC English Language student**

course covers what you need to learn to prepare for the qualification.

The course materials are designed to provide a clear guide to your work through the course. The text is easy to follow, with lots of examples, illustrations, activities, additional reading where appropriate, revision points and helpful suggestions that bring each subject to life. It is organised into topics and sections to give a clear path through the course. And it is structured to build your knowledge, skills and understanding step by step.

At the end of each section there is an assignment to help you to check your learning and practise answering the type of questions you will meet in the examinations. You submit this to your tutor for marking, feedback and advice.

In addition to the written course materials, you will be directed to other resources such as useful videos, interactive quizzes and a free e-book of the essential course textbook, where applicable.

To check out the course materials you can download a sample from the course description page on the website.

## Tutor support

As a student with NEC you'll have a personal tutor who will support you while you work through the course. NEC tutors are subject experts who understand distance learning.

The course is comprehensive, so you'll find that you don't need your tutor to be a 'teacher': your tutor is there to mark and comment on your assignment work and to answer any queries you have about the subject to help you get the most from the course.

Your tutor will give you helpful and encouraging feedback, so that you know what you're doing well and where you can make improvements. He or she will also help you prepare for the examination in order to achieve the qualification.

Above all, your tutor is on your side and will want to see you succeed.

## Exam support

We can offer our students a guaranteed exam place at one of our partnership exam centres. They deal with all types of examination – exams, oral exams and non-exam assessments

*'It has now been over six months since I began my courses with you, and I am extremely impressed by the standard of tutoring and the resources available for students to succeed. Thank you!'* **NEC Biology student**

*'I like the forums on the course. I'm having a gap year to get some extra UCAS points and to decide what I want to do at uni and it's nice to know there are other people in the same situation as me.'* **NEC Sociology student**

### **Tracey is a tutor for NEC's Psychology, and Sociology courses**

She is a qualified teacher and social worker and has completed postgraduate training in Learning Disability Studies.

The best thing about being a tutor for NEC, Tracey says, is *'NEC students. They never fail to inspire and motivate me. Many of our students work in their own homes and have to be disciplined to study like this, so it is always great to have enthusiastic students who work hard to complete their courses.'*

(NEAs) – and provide a professional and friendly service, which is valued highly by our students. By choosing one of our partnership exam centres you can be confident that the application process will be seamless.

## Course overview

### Specification

This course is written to support AQA Psychology specification code 7182

### Entry requirements

We strongly recommend that you have the following before starting this course to give yourself the best possible chance of success.

- GCSE Biology minimum grade B
- GCSE Chemistry minimum grade C
- GCSE Maths minimum grade C

Or equivalents such as Double or Triple Science minimum grade B, IGCE's, BTEC Science or O levels.

### Completion time

It's really up to you but, as a guide, an AS level takes about 120–150 hours and an A level course takes about 250–300 hours plus extra time for assignment work you submit to your tutor. Many students allow 18–24 months to complete an A level, but some complete the course within a year.

### Essential textbooks

**AS level and Part 1 A level:** Jean-Marc Lawton, Eleanor Willard (2015) *AQA A-level Psychology Book 1*, Hodder, ISBN: 9781471834882

**Part 2 A level:** Jean-Marc Lawton, Eleanor Willard (2015) *AQA A-level Psychology Book 2*, Hodder, ISBN: 9781471835377

These books will be provided as e-books as part of the course.

We also *recommend* a maths skills book such as:

Marshall, M (2016) *Essential Maths Skills for AS/A level Psychology*, Philip Allan, 978-1471863530

## Assessment

Assessment for A level Psychology is by examination only. There is no examined coursework.

**AS Psychology:** two 1 1/2-hour papers

**A level Psychology:** three 2-hour papers.

## When to enrol

You can enrol at any time. If you plan to sit the exams at a specific time, you may need to enrol by a certain date so that you have enough time to complete the course first. Exams take place every year in May–June.

## What next?

We hope this guide has answered any questions you may have and helped you to decide whether this course is right for you. Remember you can download a sample of the course from the course information page on our website.

If you have any further questions, please do not hesitate to contact us using the details below.

### **If you are ready to enrol, you have different options:**

- **enrol online** – for many courses you can enrol online through our website. Just choose your course, click 'enrol now' and then checkout
- **enrol by telephone** – just call our course advice team free on 0800 389 2839 and we can take your details over the telephone
- **pay in full** – you can pay in full with a credit or debit card
- **pay in instalments** – if spreading the cost would be useful, we can arrange that for you. Just call our course advice team to organise this.

## Contact us

There are many ways to get in touch if you have any more questions.

**Freephone:** 0800 389 2839

**Email us:** [info@nec.ac.uk](mailto:info@nec.ac.uk)

**Website:** [www.nec.ac.uk](http://www.nec.ac.uk)

You can also find us [Facebook](#), [Twitter](#) and [LinkedIn](#)